

Home Sleep Test Instructions

When you were given the Watch PAT 200 Home Sleep Test device, hopefully you were shown how to use it. However, it is common to not remember all of the instructions. If there is a video disk in the case, you can watch it on your computer. If the disk is not working, or if you prefer to watch the video on the internet, there is a copy of the video instructions at the following web address:

<http://youtu.be/wE4pVhvS5Xg>

http://youtu.be/9VoaF_hhgyk